



Tottenham Infant School

Newsletter

NEWSLETTER 1 | AUTUMN TERM | 2nd October 2026

Hello from Zaheen

We have had a fantastic start to the autumn term, and it has been lovely to see our Nursery and Reception children settling so happily into school life. They have already made such a positive start, getting used to new routines, making new friends and exploring their new learning environment.

A big thank you to all the parents and carers who joined us for our curriculum meetings. We hope you found the information shared useful and informative. If you were unable to attend, the presentation is available to view on the school website.

A little reminder about lunches

Please remember that children are unable to change between a packed lunch and a school lunch during the term. Any changes to your child's lunch arrangements need to be made at the beginning of a new half term.

Have a lovely weekend.



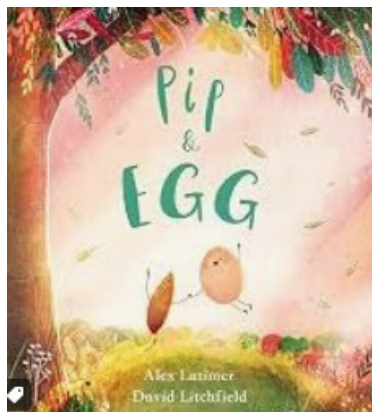
Save water

Turn off the tap while brushing your teeth.
Every little drop we save helps to look after our planet.



Pip and Egg by Alex Latimer

Pip and Egg is a fun and engaging story about friendship, kindness and adventure. The colourful illustrations and simple, enjoyable storyline make it a wonderful book to share with young children. It encourages children to talk about the characters, their feelings and the importance of friendship.



Dates

9.10.26	Pathways Assembly for KS1
12.10.26	Fire Safety Day
16.10.26	Harvest Assembly
19.10.26	Year 1 Local Library Visit
21.10.26	Year 2 Local Library Visit
23.10.26	INSET DAY-SCHOOL CLOSED
26.10.26-30.10.26	HALF TERM
3.11.26	Nasal Flu Vaccinations
6.11.26	Diwali Assembly
9.11.26	Individual Photographs
10.11.26	Reception Autumn Walk
11.11.26	Parent Consultations
12.11.26	
12.11.26	Nursery Local Area Walk
13.11.26	World Kindness Day
16.11.26	Road Safety Week
20.11.26	Pathways Assembly
13.11.26	Children in Needs
30.11.26	Nasal Flu Vaccine
4.12.26	Winter Sports
11.12.26	Christmas Jumper Day
11.12.26	Christmas Lunch
TBC	Christmas Choir
14.12.26	Movie Night
TBC	Rock Steady Concert
TBC	Year 1 Church Visit
18.12.26	Last Day of Term
4. 1.27	Return To School



Stop and think before you click! Don't click on pop-ups, links or messages that you don't recognise. If you're not sure, ask a trusted adult before clicking.



During the Harvest period Enfield Food Bank will be collecting food items for local people facing

hardship. If you would like to donate food please hand this in to your child's class teacher or to Carly at the school gate between **Monday 12th October to Friday 16th October**. On Friday 16th October the children will have an assembly delivered by Enfield Food Bank and the School Council will help organise the food. Please see the poster at the end of the newsletter for items you can donate.

SCHOOL UNIFORM

Please ensure that your child wears the correct school uniform every day. Children are only permitted to wear black shoes or trainers to school. Footwear must not have white soles. For PE, trainers must be plain black.



PE days are on Tuesday and Thursday. Children must wear their green PE t-shirt and not their white polo shirts.



When packing your child's lunch try to include a variety of foods from each of the food groups as shown by the Eatwell Guide. <https://www.gov.uk/government/publications/the-eatwell-guide>

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✓	✗

TOTTENHALL is a NUT FREE school. Packed lunches MUST NOT include nuts, including peanut butter and Nutella because of the life-threatening risk to children who may have a severe allergy.

Flu Vaccination

The children's flu vaccine helps protect against flu. It's offered to children aged 2 to 3 years, school-aged children (Reception to Year 11) and children with certain long-term health conditions.

<https://www.nhs.uk/vaccinations/child-flu-vaccine/>

<https://www.give-or-refuse-consent-for-vaccinations.nhs.uk/consents/kEaXocl8HI/flu/start>

Scooters and bikes

Many children enjoy riding their scooters and bikes to and from school. However, we have noticed that some children are riding too quickly when entering and leaving the school grounds, which has resulted in a few near misses.

To help keep everyone safe, children must walk their scooters and bikes when entering and leaving the school grounds. We will also be reminding the children in school about this expectation and the importance of safety.

NURSERY

Thank you to all the parents and carers for supporting their children with settling into the Nursery. The children continue to explore and make choices on what they want to do.



The children in Reception have made a fantastic start to their learning. They have been exploring their new environment, developing new friendships and learning new skills.

Reception



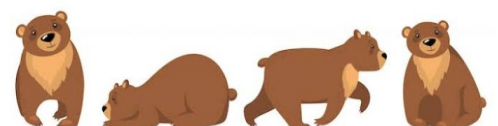
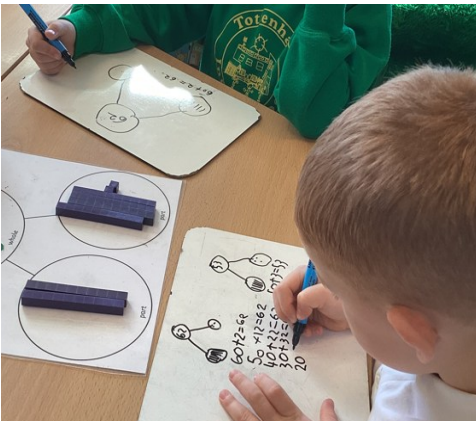
Year 1

Year 1 children have transitioned well into their new environment. They are now focusing on areas of the Key Stage 1 curriculum and have particularly enjoyed creating self-portraits.



Year 2 have been busy learning about Florence Nightingale and developing their writing skills by creating chronological reports. They have also really enjoyed their maths learning, particularly exploring partitioning.

Year 2



Harvest appeal



Help support your food bank this Harvest

In the three weeks leading up to Harvest, the food bank will provide over 500 food parcels for local individuals and families facing hardship.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

Tinned meat/fish

Tinned veg/fruit

Cooking sauces

Coffee

Milk (UHT or powdered)

Cereals

Fruit juice (long-life)

Sweet / Savory Snacks

Jam

Pasta Sauce

info@enfield.foodbank.org.uk
enfield.foodbank.org.uk

Registered Charity in England & Wales (1195422)



BEING A PARENT COURSE



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES

FREE 8-week course for Mothers, Fathers and Other Caregivers of children aged 2–8 years

Connect. Learn. Grow.

Join a welcoming 8-session programme led by trained local parents for local parents.

> Why join?

- Build confidence in your parenting
- **Opportunity to become a Trained Parent Group Leader**
- Understand your child's feelings and behaviour
- Explore positive discipline strategies
- Strengthen parent-child connection, listening and communication
- Find practical ways to manage stress
- Meet other parents in a safe, supportive space

> What will we explore?

Each week offers friendly discussion, no lectures, just real conversations, practical evidence-based activities and time to reflect on the topics that matter to you and your family

- Being a parent
- Play and listening
- Understanding children's behaviour
- Listening and communication
- Feelings
- Valuing my child
- Discipline strategies

Certificate Award
Celebration on
completion

Free
refreshments will
be provided



> Course details:

Date: **Wednesday, 7 October 2026 - 9 December 2026**
(one 2-hour session weekly)
Time: 9:45am to 12 noon
Location: Ponders End Youth & Family Hub, 141 South Street,
EN3 4PX (Register before attending)

> Interested?

Click this link or scan QR code to register:
[EPEC - Being A Parent Course Referral Form \(Group\) – Fill in form](#)



Email: parentingprogrammes@enfield.gov.uk

<https://enfieldparentingdirectory.co.uk>



Sessions in 2026-2027 for Parents & Carers

Craig Park Youth & Family Hub
2 Baxter Road, N18 2HN

AUTUMN TERM 2026

ENAS COFFEE MORNING

10am – 11:30am
Wednesday 9th September
Wednesday 7th October
Wednesday 4th November

No need to book



EASA & ECASS PARENT DROP-IN

10am – 11:30am
Wednesday 23rd September
No need to book

NEN-MAKING SENSE OF AUTISM

School age – Wednesday 16th September 10am – 11:30am
Early Years – Wednesday 4th November 10am – 11:30am
(schools and professionals also welcome to book a place)

NEN-UNDERSTANDING BEHAVIOUR AND EXPRESSIONS OF OVERWHELM

2 part module
Wednesday 30th September 10am – 11:30am
Wednesday 14th October 10am – 11:30am
(schools and professionals also welcome to book a place)

SENSORY WORKSHOP FOR PARENTS

9:45–11:45am
Wednesday 21st October

EASA Drop-in

10am – 11:30am
Wednesday 9th December

No need to book, Just drop-in!



SUPPORTING SLEEP WORKSHOP



Programme of 3 sessions
09:30am – 11:30am

Wednesday 11th November
Wednesday 18th November
Wednesday 25th November

